

LORD'S DAY 41

Q108. What does the seventh commandment teach us?

A. That God condemns all unchastity,¹ and that therefore we should thoroughly detest it² and live decent and chaste lives,³ within or outside of the holy state of marriage.⁴

1. Lev. 18:27–28 – “(for the inhabitants of the land, who were before you, committed all of these abominations, and the land became defiled); otherwise the land will vomit you out for defiling it, as it vomited out the nation that was before you.”

2. Jude 23 – “save others by snatching them out of the fire; and have mercy on still others with fear, hating even the tunic defiled by their bodies.”

3. 1 Thess. 4:3–5 – “For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control your own body in holiness and honor, not with lustful passion, like the gentiles who do not know God;”

4. Heb. 13:4 – “Let marriage be held in honor by all, and let the marriage bed be kept undefiled, for God will judge the sexually immoral and adulterers.”

1 Cor. 7

Q109. Does God, in this commandment, forbid only such scandalous sins as adultery?

A. We are temples of the Holy Spirit, body and soul, and God wants both to be kept clean and holy. That is why God forbids all unchaste actions, looks, talk,¹ thoughts, or desires,² and whatever may incite someone to them.³

1. Eph. 5:3–4 – “But sexual immorality and impurity of any kind or greed must not even be mentioned among you, as is proper among saints. Entirely out of place is obscene, silly, and vulgar talk; but instead, let there be thanksgiving.”

1 Cor. 6:18–20 – “Shun sexual immorality! Every sin that a person commits is outside the body, but the sexually immoral person sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.”

2. Matt. 5:[27–28] – “You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart.”

3. Eph. 5:18 – “Do not get drunk with wine, for that is debauchery, but be filled with the Spirit,”

1 Cor. 15:33 – “Do not be deceived: ‘Bad company ruins good morals.’”